

WHAT TO EXPECT

Dine-In Lunch Tickets

1. Purchase a lunch ticket at the East entrance counter for either 1st (10:45am) or 2nd(12pm) Lunch Service.
2. Wait for Dining Room doors to open for your designated lunch service time.
3. Enter dining room in a single filed line and wait at host station.
4. Hand host your lunch ticket.
5. Feel free to sit at any of our open tables. A server will be there shortly to take your drink order and begin service.
- **1st Service Dine-in seating ends at 11:30, To-go only from 11:30-11:45am**
- **2nd Service Dine-in seating ends at 12:45, To-go only from 12:45-1pm**

To-Go Lunch Tickets

See above 1-4

5. Inform host that your meal is To-Go.
6. Host will hand you a To-Go sticker to fill out (your name and phone number).
7. Return completed To-Go sticker to host, and give your drink order.
8. Wait in hall for your name to be called. Host will bring out your drink and meal.



Events

Latin Dance

9/9/2022

Dance 6:00pm-9:00pm

Tickets go on sale 7/11/22

- Senior :\$3.00
- Non Senior :\$6.00



FONTANA COMMUNITY
SENIOR CENTER



Oldies But Goodies Dance

10/14/2022

Dance 6:00pm-9:00pm

Tickets go on sale 9/12/22

- Senior :\$3.00
- Non Senior :\$6.00



Nutrition Program

Fontana Community Senior Center

16710 Ceres Ave, Fontana, Ca

909-854-5151

September 2022

Monday-Friday

two Lunchtime Options:

10:45am and 12:00pm

(1 hour duration)

Cost:

\$4 - 55+ Fontana Residents

\$6 - for all others

General Information

The Senior Center will be open

Monday—Friday 8am—5pm

Saturday 8am—12pm

September 2022

Mon	Tue	Wed	Thu	Fri
 Dairy  Spicy  Nuts 5 HOLIDAY CENTER CLOSED	S: Starter D: Dessert		1 Citrus Roasted Turkey (Veggie Chicken) Roasted Potatoes  Butter Corn S: Salad w/Dressing D: Pudding	2 Beef Gyro Taco (Veggie Beef)  Greek Lemon Potatoes S: Salad w/Dressing D: Baked Good
 12 Southwest Turkey Chili (Veggie Beef)  Topped w/Sour Cream & Cheese  Texas Toast S: Salad w/Dressing D: Baked Good	 6 Teriyaki Chicken (Veggie Chicken) Fried Rice  Broccoli S: Soup D: Ice Cream	 7 Cheese Stuffed Manicotti (All Veggie) W/Marinara Sauce  Roasted Zucchini  Roll S: Salad w/Dressing D: Crepe	 8 Herb Baked Pork Chop (Boca Patty) w/Gravy  Mashed Potatoes  Carrots S: Spring mix Salad w/Dressing D: Pudding	 9 Roast Beef Sandwich (Veggie Beef) Sweet Potato Fries  Broccoli Slaw S: Soup D: Fruit
 19 Korean Beef (Veggie Beef)  Steamed Rice  Green Beans S: Soup D: Almond Cookie	 20 Breaded Fish (Veggie Fish) Wild Rice  Stir Fry Veggies S: Salad w/Dressing D: Pudding	 14 Herb Pork Loin (Boca Patty) Scalloped Potatoes  Butter Green Beans S: Soup D: Fruit	 15 Fish w/Corn Salsa (Veggie Fish)  Steamed Brown Rice  Carrots S: Soup D: Yogurt	 16 <u>Birthday Lunch</u> Garlic Butter Steak (Boca Patty)  Roasted Potato Medley  Spinach S: Salad w/Dressing D: Chocolate Cake Ice Cream for Birthdays
 26 Chicken Fajitas (Veggie Chicken)  Mexican Rice  Pinto Beans S: Salad w/Dressing D: Baked Good	 27 Herb Breaded Pork Chop (Boca Patty)  Mashed Yams  Steamed Peas S: Salad w/Dressing D: Sherbert	 28 Walnut Crusted Ginger Fish (Veggie Fish)  Steamed Rice  Roasted Zucchini S: Soup D: Fruit Cocktail	 29 Turkey w/Garlic Mushroom Sauce (Veggie Chicken)  Mashed Potatoes  Steamed Green Beans S: Salad w/Dressing D: Pudding	 30 Salisbury Steak (Boca Patty)  Roasted Onion Gravy  Mashed Cauliflower  Carrots S: Soup D: Baked Good

*MENU SUBJECT TO CHANGE