

WHAT TO EXPECT

Dine-In Lunch Tickets

1. Purchase a lunch ticket at the East entrance counter for either 1st (10:45am) or 2nd(12pm) Lunch Service.
 2. Wait for Dining Room doors to open for your designated lunch service time.
 3. Enter dining room in a single filed line and wait at host station.
 4. Hand host your lunch ticket.
 5. Feel free to sit at any of our open tables. A server will be there shortly to take your drink order and begin service.
- **1st Service Dine-in seating ends at 11:30**, To-go only from 11:30-11:45am
 - **2nd Service Dine-in seating ends at 12:45**, To-go only from 12:45-1pm

To-Go Lunch Tickets

See above 1-4

5. Inform host that your meal is To-Go.
6. Host will hand you a To-Go sticker to fill out (your name and phone number).
7. Return completed To-Go sticker to host, and give your drink order.
8. Wait in hall for your name to be called. Host will bring out your drink and meal.



Events

Latin Dance

9/9/2022

Dance 6:00pm-9:00pm

Tickets go on sale 7/11/22

- Senior :\$3.00
- Non Senior :\$6.00

Oldies But Goodies Dance

10/14/2022

Dance 6:00pm-9:00pm

Tickets go on sale 9/12/22

- Senior :\$3.00
- Non Senior :\$6.00



FONTANA COMMUNITY
SENIOR CENTER



Nutrition Program

Fontana Community Senior Center

16710 Ceres Ave, Fontana, Ca

909-854-5151

September 2022

Monday-Friday

two Lunchtime Options:

10:45am and 12:00pm

(1 hour duration)

Cost:

\$4 - 55+ Fontana Residents

\$6 - for all others




General Information

The Senior Center will be open

Monday—Friday 8am—5pm

Saturday 8am—12pm

September 2022

Mon	Tue	Wed	Thu	Fri
 Dairy S: Starter  Spicy D: Dessert  Nuts			1 Citrus Roasted Turkey (Veggie Chicken) Roasted Potatoes Butter Corn S: Salad w/Dressing D: Pudding	2 Beef Gyro Taco (Veggie Beef) Greek Lemon Potatoes S: Salad w/Dressing D: Baked Good
5 HOLIDAY CENTER CLOSED	6 Teriyaki Chicken (Veggie Chicken) Fried Rice Broccoli S: Soup D: Ice Cream	7 Cheese Stuffed Manicotti (All Veggie) W/Marinera Sauce Roasted Zucchini Roll S: Salad w/Dressing D: Crepe	8 Herb Baked Pork Chop (Boca Patty) w/Gravy Mashed Potatoes Carrots S: Spring mix Salad w/Dressing D: Pudding	9 Roast Beef Sandwich (Veggie Beef) Sweet Potato Fries Broccoli Slaw S: Soup D: Fruit
12 Southwest Turkey Chili (Veggie Beef) Topped w/Sour Cream & Cheese Texas Toast S: Salad w/Dressing D: Baked Good	13 Chicken Parmesan (Veggie Chicken) Over Pasta Steamed Broccoli Roll S: Salad w/Dressing D: Pudding	14 Herb Pork Loin (Boca Patty) Scalloped Potatoes Buttery Green Beans S: Soup D: Fruit	15 Fish w/Corn Salsa (Veggie Fish) Steamed Brown Rice Carrots S: Soup D: Yogurt	16 Birthday Lunch Garlic Butter Steak (Boca Patty) Roasted Potato Medley Spinach S: Salad w/Dressing D: Chocolate Cake Ice Cream for Birthdays
19 Korean Beef (Veggie Beef) Steamed Rice Green Beans S: Soup D: Almond Cookie	20 Breaded Fish (Veggie Fish) Wild Rice Stir Fry Veggies S: Salad w/Dressing D: Pudding	21 BBQ Chicken Wings (Veggie Chicken) French Fries Coleslaw S: Salad w/Dressing D: Fruit	22 Tuna Noodle Casserole (Tofu) Side Salad Roll S: Soup D: Ice Cream	23 Hawaiian Pork Chop (Boca Patty) Steamed Rice Baked Beans S: Soup D: Fruit Salad
26 Chicken Fajitas (Veggie Chicken) Mexican Rice Pinto Beans S: Salad w/Dressing D: Baked Good	27 Herb Breaded Pork Chop (Boca Patty) Mashed Yams Steamed Peas S: Salad w/Dressing D: Sherbert	28 Walnut Crusted Ginger Fish (Veggie Fish) Steamed Rice Roasted Zucchini S: Soup D: Fruit Cocktail	29 Turkey w/Garlic Mushroom Sauce (Veggie Chicken) Mashed Potatoes Steamed Green Beans S: Salad w/Dressing D: Pudding	30 Salisbury Steak (Boca Patty) Roasted Onion Gravy Mashed Cauliflower Carrots S: Soup D: Baked Good

*MENU SUBJECT TO CHANGE