

# LET'S MOVE! CITIES, TOWNS, AND COUNTIES

## BENEFITS OF THE PACIFIC ELECTRIC TRAIL

21 MILES TOTAL  
FONTANA TO CLAREMONT

HEALTHY LIFESTYLE

WALKING, RUNNING  
AND BIKING OPPORTUNITIES

OUTDOOR FITNESS GYM

ENVIRONMENTALLY FRIENDLY

CONNECTIVITY AND SOCIALIZATION

COMMUNITY ENGAGEMENT  
TO RECREATION, PARKS,  
PUBLIC FACILITIES, SCHOOLS,  
AND SHOPPING



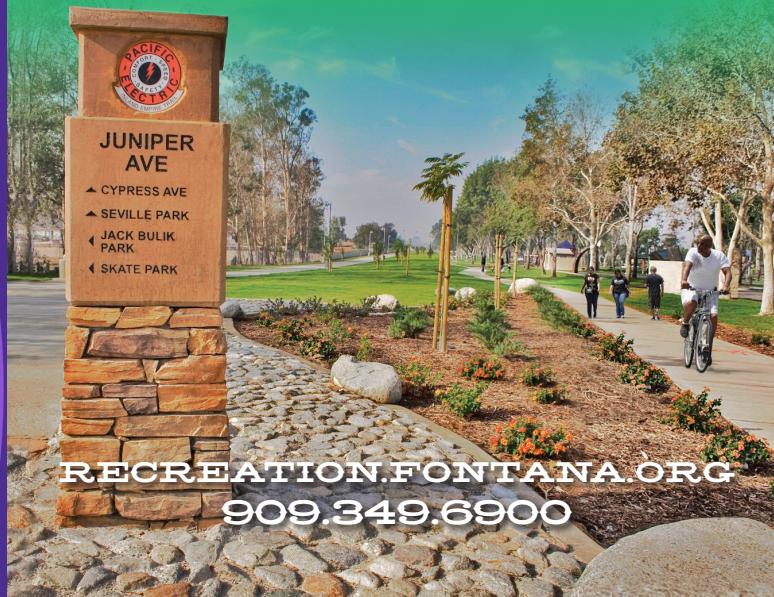
## HEALTHY FONTANA IS COMPRISED OF FOUR MAIN COMPONENTS

### GET INVOLVED

Healthy Fontana is a positive and motivational program to help promote physical activity and healthy nutrition choices through recreation, awareness and education. To get involved or to learn more contact Healthy Fontana at (909) 350-6542 or visit [HealthyFontana.org](http://HealthyFontana.org).



HEALTHY X FONTANA



Over 300 Healthy Fontana endorsed City of Fontana recreation classes are offered throughout the year in various areas such as sports, fitness, dance and nutrition.

### Healthy Fontana classes

Partnerships



Smart Growth



Physical Activity



Nutrition



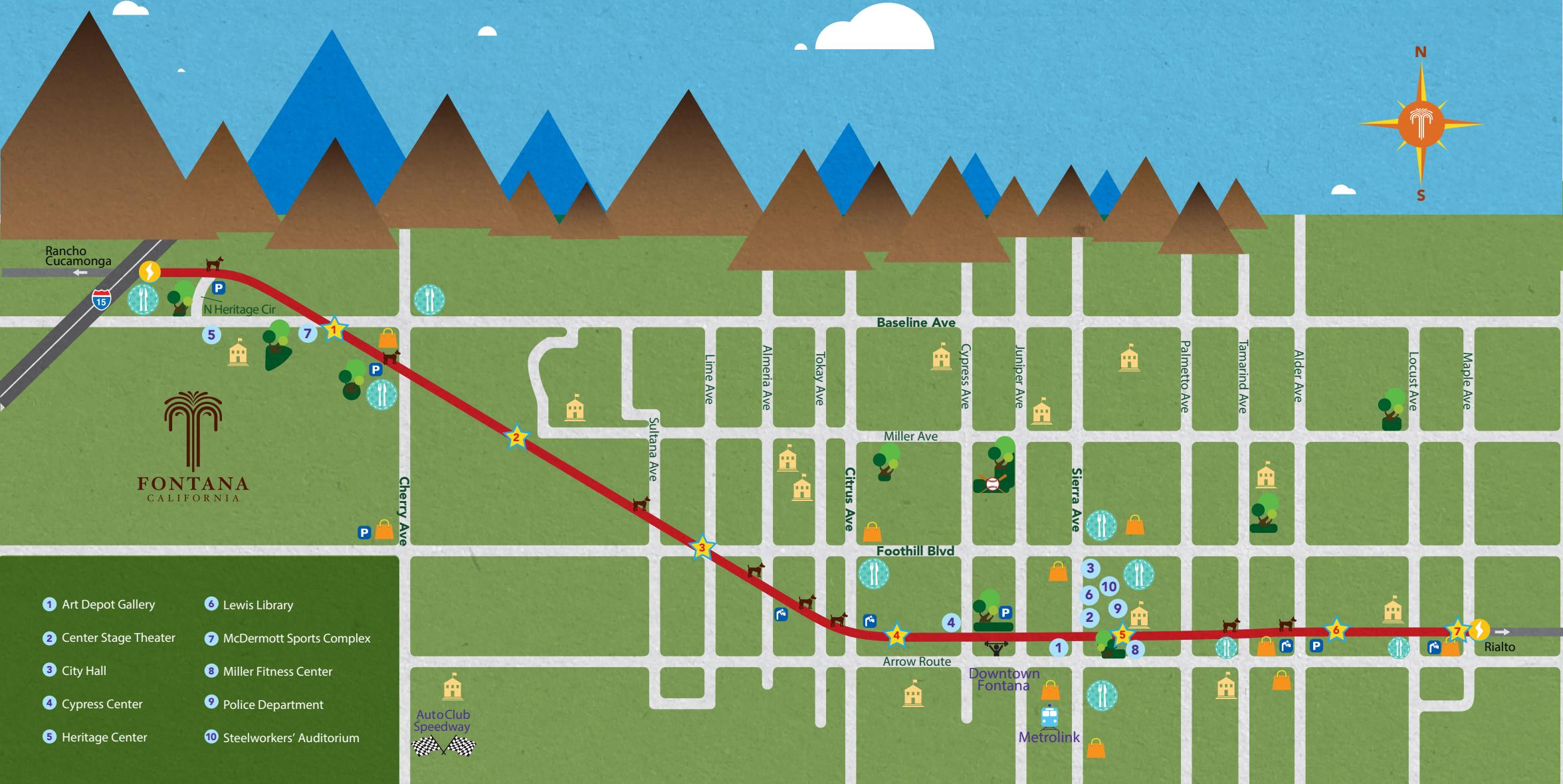
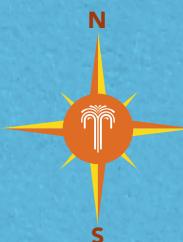
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# PACIFIC

ELECTRIC

# TRAIL



LET'S MOVE ON THE TRAIL